

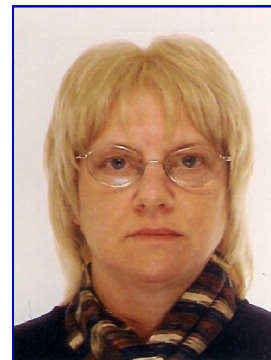


The Rehabilitation Network

Lilian Dilworth

Occupational Therapist & Case Manager

BAOT: BT0210212 HPC: OT26504 COTSS-IP: 1388



Profile

Lilian graduated in 1996 from St John University College, York, having achieved a BHSc (hons) degree in Occupational Therapy, as a mature student. She has worked full-time and continuously as an Occupational Therapist since then. Her specialist areas are brain injury rehabilitation and elective orthopaedics.

Lilian currently holds a full-time post as Senior OT in the Orthopaedic Community Rehabilitation Scheme team based at York Hospital. In addition to her NHS post she undertakes private work and is able to travel to most areas of the country. Lilian has worked privately as a Rehabilitation Case Manager for The Rehabilitation Network since 2008, completing Immediate Needs Assessments and providing tailored rehabilitation programmes mainly in orthopaedic injury cases. She also provides OT assessments and reports.

Career History

Aug 2008—present

Rehabilitation Case Manager with The Rehabilitation Network

Providing assessment, treatment and rehabilitation for clients who have been referred mainly following road traffic accidents. Case Management experience involves coordinating all aspects of the clients' recovery both psychologically and physically. Experience with acquired brain injury, orthopaedic and mental health.

Dec 2002—present

Senior Occupational Therapist—Clinical Specialist

Orthopaedic Community Rehabilitation Scheme, York Hospital.

Role and responsibilities: To work autonomously as a senior clinical practitioner in the community setting. To initiate, plan, develop and evaluate the Occupational Therapy service, holding responsibility for defined projects. To participate in the recruitment process of junior members of staff. To provide clinical supervision and guidance to junior members of staff. To work as an integrated member of the community multi-disciplinary team (MDT) and the hospital Orthopaedic OT team. To provide an OT service to orthopaedic patients within an agreed geographical area, within their own homes. To manage and prioritise a caseload of patients with complex mental and physical health needs. To facilitate complex packages of care and give specialist advice on discharge. To assess, prescribe and fit equipment as appropriate. To provide training and advice to patients and carers.

Administration:

Rivendell, 4 South Scarle Lane, North Scarle, Lincoln, LN6 9ER
Tel: 01522 778689 Fax: 0871 714 3638 Mobile: 07976 604541
e-mail: john@rehabilitation-network.org
www.rehabilitation-network.org



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Nov 2001—Nov 2002 (Split post over 5 days.)

Monday & Tuesday: Senior OT/Case Manager

Community Enabling Service, Brain Injury Rehabilitation Trust (B.I.R.T.). Regional areas covered: North, East, and West Yorkshire, Humberside, North East England, Lincolnshire.

Senior OT role and responsibilities: To design, develop and deliver an OT service to clients living within the regional community area. To provide specialist environmental assessments and make recommendations for adaptations, working with other agencies/companies as necessary. To provide written review reports. To attend the client's review meetings. To provide education, training and supervision for support workers. To liaise with other professionals. To work autonomously within the designated regional area. To work as an integrated member of the Community Enabling Service Team.

Case Manager role and responsibilities: To act as Case Manager to a designated number of clients (2). To prepare OT Medico-Legal reports for Court. To maintain professional communication links within B.I.R.T. To liaise with other agencies and external professionals.

Wednesday—Friday: Vocational Manager

Daniel Yorath House, Brain Injury Rehabilitation Unit, Garforth, Leeds.

Role and responsibilities: To identify a working model for vocational assessment and rehabilitation. To provide a vocational service to clients both within the Unit and the wider community. To design a referral sheet for use by members of the interdisciplinary team. To design a client self assessment form incorporating the client's goals. To identify and establish suitable community based vocational placements for Unit based clients. To conduct client risk assessments for attending vocational placements. To provide education, training and supervision to support workers. To participate in the interdisciplinary team meetings. To provide written review reports and attend clients' review meetings. To act as the key-worker for designated clients.

Jul 2000—Nov 2001

Senior Occupational Therapist

Brain Injury Rehabilitation Trust, York House Rehabilitation Unit (low secure), York.

Role and responsibilities: To provide an OT service to clients with acquired brain injury **and** mental health diagnoses, who present with challenging behaviours. To initiate, plan, develop and evaluate the York House OT Service, holding responsibility for defined projects. To work as an integrated member of the interdisciplinary team. To attend assessment and review meetings and provide written reports. To participate in the recruitment process of members of the OT team. To provide clinical supervision and guidance for members of the OT team. To participate in the in-house training schedule and tutorials for therapy support workers. To provide OT evidence based assessments and treatment interventions. To design individually tailored OT treatment programmes. To evaluate clinical outcome measures. To act as programme planner for the rehabilitation needs of the clients. To audit the OT service. To facilitate supervised clinical fieldwork student placements.

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Aug 1998—Jul 2000

Senior II OT

Trauma, Orthopaedics and Surgical wards, Harrogate District Hospital.

Role and responsibilities: Responsible for the provision of an OT service to the trauma, elective, surgical, private patients ward and orthopaedic pre-operative out-patient clinic. Assessment and provision of specialist equipment. Safe and timely discharge planning. Provision of supervision and support to the Basic Grade OT and OT assistant Provision of clinical student fieldwork placements. Participation in the in-service training programme. Provision of OT input for wheelchair services.

Sept 1996—Aug 1998

Basic Grade / Senior II OT

Brain Injury Rehabilitation Trust, Daniel Yorath House Rehabilitation Unit.

Role and responsibilities: To participate in the OT assessment, treatment and evaluation of clients with an acquired brain injury, both in the Unit and the three satellite community houses. To work as a member of the interdisciplinary team. To attend meetings and provide assessment and review reports. To act as key-worker for named clients.

Professional Qualifications

- 1996 St John University College, York: BHSc. (Hons) Occupational Therapy

Areas Covered:

Yorkshire, Derbyshire, Lincolnshire & Humberside, County Durham & North East, Manchester & Lancashire.

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